




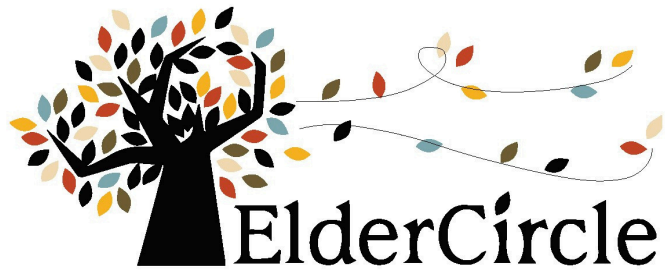


2026



May Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>YMCA Summer Hours: Please note: The YMCA will transition to summer hours starting Saturday, May 30. Mon–Fri: 5:00 AM – 9:00 PM Sat–Sun: 7:00 AM – 3:00 PM</p>					<p>1 Sr. Billiards 9 am-12 pm SAIL- see back for location Cribbage 1 pm-3:30 pm</p>	<p>2 Sr. Billiards 9am-12pm</p>
<p>3</p>	<p>4 Sr. Billiards 9am-12pm SAIL- see back for locations Cribbage 1 pm-3:30 pm</p>	<p>5 Sr. Billiards 9am-12pm SAIL- see back for location Rummikub 12pm -2pm Bridge 12pm-3pm Hooks & Needles 12pm-4pm</p>	<p>6 Sr. Billiards 9am-12pm SAIL- see back for location Bunco 10am-2pm 500 Cards 1pm-3pm</p>	<p>7 Sr. Billiards 9am-12pm SAIL- see back for location BINGO 10 am Bible Study 10am - 11am Classroom Book Club 12:30 pm - 2 pm 500 Cards 1 pm-3 pm</p>	<p>8 Sr. Billiards 9 am-12 pm SAIL- see back for location Cribbage 1 pm-3:30 pm</p>	<p>9 Sr. Billiards 9am-12pm Happy Fishing Opener! </p>
<p>10 HAPPY Mother's DAY</p>	<p>11 Virtual Dementia Tour - Contact ElderCircle for more info Sr. Billiards 9am-12pm SAIL- see back for locations Cribbage 1 pm-3:30 pm</p>	<p>12 Sr. Billiards 9am-12pm SAIL- see back for location Rummikub 12pm -2pm Bridge 12pm-3pm Hooks & Needles 12pm-4pm</p>	<p>13 Sr. Billiards 9am-12pm Monthly Birthday Party 10am Bunco 10am-2pm SAIL- see back for location 500 Cards 1pm-3pm</p>	<p>14 Sr. Billiards 9am-12pm SAIL- see back for location BINGO 10 am Bible Study 10am - 11am Classroom Book Club 12:30 pm - 2 pm 500 Cards 1 pm-3 pm</p>	<p>15 Sr. Billiards 9 am-12 pm SAIL- see back for location Cribbage 1 pm-3:30 pm</p>	<p>16 Sr. Billiards 9am-12pm</p>
<p>17</p>	<p>18 Sr. Billiards 9am-12pm SAIL- see back for locations Cribbage 1 pm-3:30 pm NLCoins & Currency 6:30pm</p>	<p>19 Sr. Billiards 9am-12pm SAIL- see back for location Rummikub 12pm -2pm Bridge 12pm-3pm Hooks & Needles 12pm-4pm</p>	<p>20 Sr. Billiards 9am-12pm SAIL- see back for location 500 Cards 1pm-3pm</p>	<p>21 Sr. Billiards 9am-12pm SAIL- see back for location BINGO 10 am Bible Study 10am - 11am Classroom 500 Cards 1 pm-3 pm</p>	<p>22 Sr. Billiards 9 am-12 pm Bunco 10am-2pm SAIL- see back for location Cribbage 1 pm-3:30 pm</p>	<p>23 Sr. Billiards 9am-12pm</p>
<p>24 YMCA CLOSED 31</p>	<p>25  MEMORIAL DAY YMCA CLOSED</p>	<p>26 Sr. Billiards 9am-12pm SAIL- see back for location Rummikub 12pm -2pm Bridge 12pm-3pm Hooks & Needles 12pm-4pm</p>	<p>27 Sr. Billiards 9am-12pm SAIL- see back for location 500 Cards 1pm-3pm</p>	<p>28 Sr. Billiards 9am-12pm SAIL- see back for location BINGO 10 am Bible Study 10am - 11am Classroom 500 Cards 1 pm-3 pm</p>	<p>29 Sr. Billiards 9 am-12 pm SAIL- see back for location Cribbage 1 pm-3:30 pm</p>	<p>30 Sr. Billiards 9am-12pm</p>



all about
aging!



Sell your new, used or antique items from the trunk of your car (or table).

Saturday June 6, 2026

Itasca County Family YMCA - South Parking Lot

Shopping 7:30AM to 2:00PM
Vendors must be set up by 7AM
Rain or Shine

Parking Space \$50 *Multiple parking spaces may be purchased. All merchandise must be removed by the vendor!
with option of additional Rental Table \$10



The perfect place to sell your unwanted treasures and find amazing bargains!

Free admission for Shoppers!

Fundraiser for the Sea Turtles Youth YMCA Swim Team

For more information or to sign up for a parking spot/table call Kris Bolin 218.327.8803

BOOKCLUB

Every 2nd Thursday
12:30pm—2pm
Active Living Center



Free of charge & open to anyone!

Parkinson's Support Group

If you or someone you know is living with Parkinson's Disease, we invite you to join our Support Group.

Together, we can share experiences, offer support, and build a strong community.

1st Tuesday of each month

1:00-2:00pm

Central Square Mall #124
201 NW 4th Street
Grand Rapids, MN 55744



For any questions, contact Danielle at 218-999-9233 ext. 282 or danielle@eldercircle.org

Community Cafe

Tuesday & Thursday's at the YMCA 4:30PM-6PM

All are welcome, no questions asked!



Every Thursday
10:00-11:00am

Active Living Center

Please arrive prior to 10am to receive your bingo card

- Regular Bingo is vertical, horizontal and diagonal.
- Each game plays one card per person at a time.
- Regular bingo for games 1-6
- Last game played is cover all.

Identity Theft & Elder Abuse Workshop

Tuesday, May 12th
1:00PM -2:00PM

Central Square Mall/
ElderCircle Meeting Room

Presented By:

Park State Bank
MEMBER FDIC

Stay Active and Independent for Life (SAIL)



SAIL is a low-impact fitness program designed specifically for adults to build muscle strength, improve balance and increase flexibility to maintain or regain an active lifestyle.

This is an on-going fitness session. You can join at any time.

Live, in-person sessions:

- **Calumet Library**
Tuesdays & Thursdays
9:00-10:30am
- **Bowstring**
Tuesdays & Thursdays
10:00-11:30am
- **Deer River**
Mondays & Thursdays
10:30-12:00 pm
- **Grand Rapids**
Central Square Mall, Suite 123
Tuesdays & Thursdays
9:00-10:30 am
- **Hill City**
Mondays & Wednesdays
9:00-10:30 am
- **International Falls**
Tuesdays & Thursdays
10:00-11:30am
- **Jacobson**
Mondays & Wednesdays,
10:30-12:00pm
- **Wabana**
Tuesdays & Fridays,
10:00-11:30am

Online via Zoom video conference:

- Tuesdays & Thursdays
9:00-10:30 am

Registration required

To register, call ElderCircle at 218-999-9233, ext. 278 or Email lori@eldercircle.org

Caregiver & Memory Support Groups

For caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

Faced with a variety of responsibilities, many of which are unfamiliar or intimidating, caregivers can easily become overwhelmed and alone.

This group is a safe place to discuss issues, concerns, success stories and answer questions.

- **Caregiver Support, Hibbing**
Second Monday of each month
12:30-1:30pm
Hibbing Christian Assembly
2201 2nd Ave. W
- **Memory Support, Grand Rapids**
Second Thursday of each month
1:00-2:00pm
Majestic Pines Senior Living, Private Dining Room, 1614 Golf Course Rd
- **Caregiver Support, Hibbing**
Second Thursday of each month
12:30-1:30pm
Sportsman's Restaurant
509 E Howard St, Hibbing, MN 55746
- **Caregiver Support, Grand Rapids**
First Thursday of each month
1:00pm-2:00pm
The Pillars of Grand Rapids, 2060 SW 8th St, Grand Rapids, MN 55744

For questions or registration, call Danielle at 218-999-9233, ext. 282
danielle@eldercircle.org